

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2021

Linden Court Activities Subject to Change due to Spontaneity!

Happy New Year 1
(Trisha Off).
New Year's Day
10:00 Exercise 2
1:00 Singalong with Susie Q on IN2L
3:00 Movies

10:00 Stretching 3 1:00 Puzzles 3:00 Resident's choice	10:00 Exercise 4 Bean Bag Fun 1:30 A 2:30 B 3:30 C	10:00 Stretching 5 Pinterest Craft or Famous duo's 1:30 A 2:30 B 3:30 C	10:00 Exercise 6 BingoBingoBingo 1:30 A 2:30 B 3:30 C	10:00 Stretching 7 Chair Exercise Slow motion 1:30 A 2:30 B 3:30 C	10:00 Exercise 8 Beach Balls 1:30 A 2:30 B 3:30 C	10:00 Stretching 9 1:00 Manicures 3:00 Games or Movies
10:00 Stretching10 1:00 Board Games 3:00 Movies	10:00 Exercise 11 Piano Music 1:30 A 2:30 B 3:30 C	10:00 Stretching12 Cards/dos or Skipbo 1:30 A 2:30 B 3:30 C	10:00 Exercise 13 Bingo 1:30 A 2:30 B 3:30 C	10:00 Stretching 4 Baking and Word Puzzles 1:30 A 2:30 B 3:30 C	10:00 Exercise 15 What's In the News Today 1:30 A 2:30 B 3:30 C	10:00 Exercise 16 1:00 Pampering 3:00 Resident's choice
10:00 Exercise 17 1:00 Puzzles 3:00 Let's Walk	10:00 Exercise 18 Let's Remember MLK Day 1:30 A 2:30 B 3:30 C <small>Martin Luther King Day</small>	10:00 Stretching19 Let's Dance in our chairs! 1:30 A 2:30 B 3:30 C	10:00 Exercise 20 BingoBangBungo Fun in the Jungle 1:30 A 2:30 B 3:30 C	10:00 Stretching21 Cards or Puzzles 1:30 A 2:30 B 3:30 C	10:00 Exercise 22 Root Beer Float Day 1:30 A 2:30 B 3:30 C	10:00 Stretching23 1:00 Board Games 3:00 Movies
10:00 Stretching24 1:00 Manicures 3:00 Music on the IN2L <small>Activity Professionals Week</small>	10:00 Exercise 25 Accordion Music 1:30 A 2:30 B 3:30 C	10:00 Stretching26 Make Bird Seed Ornaments 1:30 A 2:30 B 3:30 C <small>Australia Day (observed)</small>	10:00 Exercise 27 Bingo 1:30 A 2:30 B 3:30 C	10:00 Stretching28 Cheese and Cracker Day 1:30 A 2:30 B 3:30 C	10:00 Exercise 29 Balloons and Pool Noodles 1:30 A 2:30 B 3:30 C	10:00 Exercise 30 1:00 Skype with our Families 3:00 Resident's choice
10:00 Exercise 31 1:00 Bingo 3:00 Resident's Choice	North East = A North West = B South East and West = C January Birthdays: 1/15 LeRoy Sturdevant 1/31 Lillian Kiefer					

Type the name, address, and other information about your community/company here.